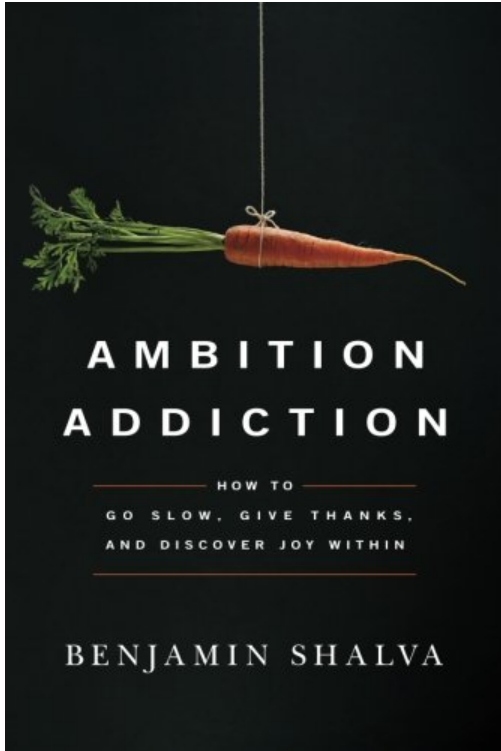


[PDF] Download Ambition Addiction: How to Go Slow, Give Thanks, and Discover Joy Within Full Book



Book details

- Author : Benjamin Shalva
- Pages : 172 pages
- Publisher : Grand Harbor Press 2016-11-15
- Language : English
- ISBN-10 : 1503938638
- ISBN-13 : 9781503938632



Book Synopsis

Ambition is a blessing. It is a key motivator driving people to achieve their hopes and dreams. But for many, accomplishment is never enough. In a culture obsessed with fame and celebrity, the burning desire for acclaim, conquest, and domination can be overwhelming—to the detriment of one's personal life. This is ambition addiction: the all-encompassing yearning for success at any cost. Self-described ambition addict Benjamin Shalva (Spiritual Cross-Training) has written an insightful and illuminating book for anyone who wants to control that destructive strain of ambition and live with integrity. He identifies the signs and symptoms of ambition addiction and profiles iconic achievers to help readers identify unhealthy motivations. Then he reveals the five steps to living a fulfilling life of healthy, productive ambition in which grand but elusive fantasies give way to the true happiness of the here and now.